



September -October 2020

DEAR FAMILY AND FRIENDS

Our help comes from the Lord, the maker of heaven and earth (Psalm 121:2). The Lord is my shepherd. I lack nothing.

He will lead you beside the quiet water. He makes me lie down in the green pasture. (Psalm 23:1ff) Stand firm on his promises, my Family, and friends!

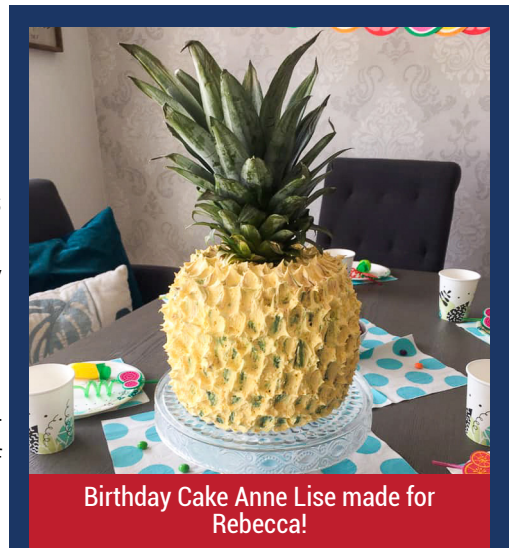
In Nepal, roads finally opened a few days ago after a six months long lockdown. Thank God that we have been able to help many of our church believers, neighbors, and the surrounding communities. Our priority has been to help the poorest with basic food, such as rice, lentils, cooking oil, noodles, and dry food, but also propane gas, and in some cases money for rent. The number of people getting sick with Corona is increasing with around 800 people per day in Kathmandu. The businesses are still closed. Some people have been kicked out of the small rooms where they are living and are also fighting starvation. The Lord has provided food on the table for many of these people and all of this has been done through you. Because of you, the church has been able to distribute food and be a blessing in the local community. THANK YOU SO MUCH!

A couple of weeks ago I received a message from one of our believers. It said "Pastor, my brother has no place to live. He has been living in the Hindu temple and sleeping under a tree for weeks." I asked him what had happened to his brother because I know that his family has already gone through a lot! The father left many years ago. Their mother is mentally and physically challenged but used to work cleaning houses making under \$40 per month. However, this makes for a life below the poverty line, and to make matters worse, now she is without work. For the last six months, we have been making sure that this family, and other families like this, have had food to eat during this difficult time. The sons are now renting a small room and live close to the church.

Originally, they had come from East Nepal and before the lockdown started, he had gone back to the village for a visit. Because there was no transportation, he decided to walk back to Kathmandu from Biratnagar. It took him 13 days to walk barefoot almost 150 miles!

After his arrival, people were afraid that he could be exposed to the coronavirus. Therefore, he was not allowed to enter the room where he lived, by the house owner, and there was no place to be self-quarantined.

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Birthday Cake Anne Lise made for Rebecca!



Children from Mahima Children's home



Purpose shutter for grocery shop



Rebecca on Pulpit Rock



Rebecca looking great!

They called the local community leader, but he refused to help him. Then he walked to a nearby Hindu temple and spent his days and nights under a tree.

The community is living under Corona's fear, as I am sure many of us can relate to. There are over 500 Corona cases in this area. The number continues to go up.

Fear makes people act in different ways and compassion for others is not always the first choice. We would like to be an outstretched hand and give food and shelter to the people in need, especially right now.

Children's home and elderly home: The Lord has been continually providing every need. Staff, children, and the elderly all are safe.

Church planting: Many of our churches are having virtual meetings, but over 70% of people have no access to the internet. In villages, they continually meet, but in limited numbers and make sure to keep the distance.

Bible College: For the last six months, we have not been able to meet physically, but we have had some online courses.

Family and personal: Our beautiful daughter, Rebecca, has turned 13 on September 5th. We have a teenager in our house! She has joined youth meetings on Fridays and is growing so fast!



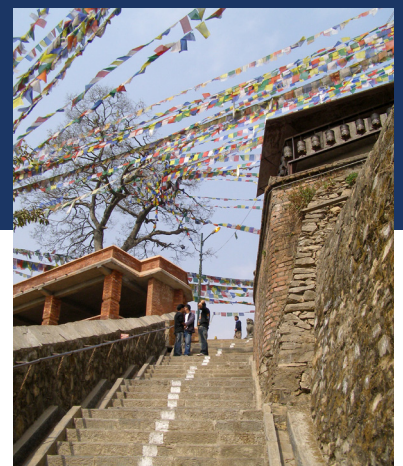
Recent visit of deputy mayor of Tarkeshower

Prayers requests

1. The number of people affected by Corona increases each day in Kathmandu and all over Nepal and India. Until now, children's homes, elderly homes, and our believers have been safe. The total affected number is 65000 people. Please lift the elderly in your prayers for their safety.
2. As the country is facing extreme economy challenge food prices have gone up during these last months. Our children's home expenses are high. We would like to start a little grocery store to help children home and community. We are thinking of building two tin roof rooms please pray for God's provision. More details on this will be coming in my next newsletter.

To everyone affected by hurricane Sally. Please know that we are praying for all of you. If there is any way we can support you, or if you have any special prayers requests, please let us know.

Sudip, Anne Lise, Rebecca, Samuel og Sarah Khadka



Temple steps in mhepy

